

Catholic Cuisine

recipes for celebrating the feasts and seasons of the liturgical year!

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Podkovy :: St. Stephen's Horseshoes



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On December 26th we celebrate the feast of St. Stephen, the first Christmas Martyr! In honor of St. Stephen's patronage over horses, special breads filled with chopped nuts and sugar and shaped in the form of horseshoes are traditionally baked on this day in Poland and other Slavic countries.

The following recipe for Podkovy (St. Stephen's Horseshoes) is adapted from [Cooking with the Saints](#).

Podkovy (St. Stephen's Horseshoes)

Dough Ingredients

- 1 tablespoon dry yeast
- 1/2 cup milk, lukewarm
- 3 eggs, small
- 1 cup sour cream
- 2 teaspoons lemon juice
- 2 tablespoons lemon rind, grated
- 1 cup butter
- 5 cups flour
- 1/2 cup sugar
- 1/2 teaspoon salt
- 1/2 cup shortening

Filling Ingredients

- 1/2 cups walnuts, finely chopped
- 3/4 cup brown sugar
- 1 egg
- 1/2 teaspoon vanilla
- grated rind of 1 orange
- grated rind of 1 lemon



Directions

Dissolve yeast in the lukewarm milk and let stand for 10 minutes.

In a large mixing bowl, beat the eggs until light and fluffy. Stir in the sour cream, yeast mixture,

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WHAT'S COOKING?



[Cherry Cheese Coffee Cake for Christmas](#)

I wanted to take a second, even though it is already Christmas Eve, to share one of our favorite recipes for Christmas morning. It is...



[Candy Cane Coffee Cake](#)

"According to legend there was a candy maker who wanted to invent a candy that was a witness to Christ. First of all, he used a hard

...



[Candy Cane Coffee Cake](#)

I wanted to make Jessica's beautiful Candy Cane Coffee Cake as a special St. Nicholas Day treat this year but also had some

crese...



[Strawberry Santas](#)

Happy Feast of St. Nicholas! I was excited to receive this submission from HI Cookery earlier this evening, since I had hoped to make th...



[Recipes for December ~ Month Dedicated to the Divine Infancy](#)

The Month of December is dedicated to the Divine Infancy. "Mary wraps up a small bundle of clothes for the use of her little Son, an...



[Pure White Punch for Celebrating the Sacraments](#)

This past January our family celebrated the Sacraments of First Confession and First Holy Communion for two of our daughters, immediately f...

[Starlight Cookies for the last week of Advent](#)

lemon juice and rind.

In another mixing bowl, combine the flour, sugar, and salt. Cut the cold butter into small pieces.

Using either a pastry blender, two knives, or your hands, work the butter and shortening into the flour mixture until it resembles coarse bread crumbs.

Add the flour mixture to the moist ingredients and beat well. You may need to add more flour, just enough to make a fairly soft and non-sticky dough, depending on the size of the eggs.

Knead dough briefly. Wrap in plastic wrap and chill for 1 hour.

While the dough is chilling prepare the filling. Chop the nuts finely. (We used walnuts, but hazelnuts or almonds would work great too!) Combine the brown sugar, egg, vanilla and rinds, then stir in the nuts.

On a lightly floured surface, roll the dough out to about 1/8 inch thickness and cut into 4x6 inch rectangles.

Brush the rectangles with some melted butte (I actually skipped this step) and spread a thin layer of filling in the middle. Starting on the long side, roll each rectangle and form into the shape of a horseshoe. (Note: As you can see in my pictures above, the filling did ooze out of some of the horseshoes in my first batch. On the following batches, I made sure the dough was pinched together to prevent this from happening again.)

Place on a lightly greased baking sheet. Bake at 375°F for about 15 minutes or until the horseshoes are nicely browned.

Dust with powdered sugar or glaze with a mixture of lemon juice and powdered sugar if desired.



St. Stephen, Pray for us!

13

Posted by Jessica on [Thursday, December 26, 2013](#)



 Recommend this on Google

Filed Under: [12 December](#), [Pastries](#), [St. Stephen](#), written by [Jessica](#)

0 comments:

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UPDATE: You can find our Cookies with a printable tag here . We found this recipe for a gift mix online and adapted it to use as a S...



Corn Flake Wreaths

The following recipe for Corn Flake Wreaths was submitted by HI Cookery , and is similar to the Rice Krispy Wreaths we have

shared in the p...



Hildegardplätzchen (St. Hildegard Spice Cookies)

The following recipe was submitted by HI Cookery in honor of today's feast of St. Hildegard of Bingen! Thank you Highlander and Island...



La Tire de Ste. Catherine

The following recipe was submitted by Josee Bergeron for the upcoming feast of St. Catherine of Alexandria! Thank

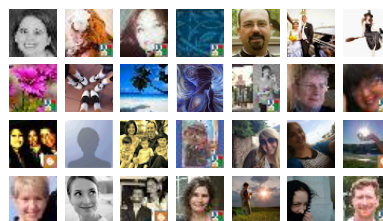
you Josee! Making la ...

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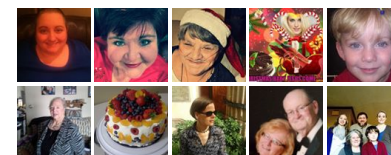
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Shower of Roses: Santa Lucia, Saint of Light

[SHOWEROFROSES.BLOGSPOT.COM](#) ...

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"Keep the joy of loving God in your heart and share this joy with all you meet especially your family." ~ Blessed Teresa of Calcutta

MONASTIC CUISINE

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RECIPE BOX

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[Cathedral Window Cookies](#)

["Drink you the love of St. John."](#)

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[His name shall be called Jesus](#)

[An Advent Apron Giveaway...](#)

[White Chocolate Cream Cake for the Feast of the Im...](#)

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PERFECT FOR

[01 January](#)

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Saint Anne, Mother of Mary and Patron of Homemakers,

10 October
 11 November
 12 December
 4th of July
 Advent
 Africa
 African
 All Hallows' Eve
 All Saints' Day
 All Souls Day
 Angels; Archangels
 Annunciation
 Appetizer
 Aprons
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 Argentinian
 Artists
 Ascension
 Ash Wednesday
 Asian Cuisine
 Assumption
 Awards
 Baby News
 Back-to-School
 Baked Potatoes
 Baptism
 Barque of Peter
 Basque
 Beans
 Beef
 Belgium
 Bells
 Berries
 Beverages
 Bible
 Bishop
 Blessed Francisco and Jacinta Marta
 Blessed Imelda
 Blessed John Paul II
 Blessed John XXIII
 Blessed Jose Sanchez del Rio
 Blessed Junipero Serra
 Blessed Louis Martin
 Blessed Miguel Pro
 Blessed Mother Teresa
 Blessed Virgin Mary
 Blessed Zelig Martin
 Blessings
 Blue Knights
 Boat
 Book
 Bread of Life
 Breads
 Breakfast
 British recipes
 Butterfly
 Button

Pray for Us!
 "A married woman must often leave God at the altar to find Him in her household care." ~ St. Francis of Rome

ADVENT & CHRISTMAS

Advent (23)
 Christmas (48)
 Epiphany (14)
 Jesse Tree (2)
 O Antiphons (3)
 Twelve Days of Christmas (13)

BLESSED VIRGIN MARY

Assumption (8)
 Blessed Virgin Mary (67)
 Feast of the Presentation (5)
 Fleur-de-lis (5)
 Holy Family (1)
 Holy Name of Mary (8)
 Immaculate Heart (10)
 Immaculate Conception (6)
 May Crowning (8)
 Mother's Day (3)
 Nativity (3)
 Our Lady of Altigracia (3)
 Our Lady of Fatima (7)
 Our Lady of Guadalupe (16)
 Our Lady of Lourdes (13)
 Our Lady of Mount Carmel (19)
 Our Lady of Sorrows (6)
 Our Lady of the Pillar (1)
 Our Lady of the Rosary (7)
 Our Lady Undoer of Knots (1)
 Queenship of Mary (2)
 Rosary (5)
 The Holy Name of Mary (1)

SYMBOLS

Bells (1)
 Book (4)
 Butterfly (1)

Cakes	Chair (1)
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Candy	Dragon (6)
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Cardinals	Egg (9)
Carmelites	Fish (21)
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Cat food	Flowers (11)
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Cereal	Horse (1)
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Chalice	Lion (9)
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Coronation	Holy Week (11)
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Crock Pot	Shrove Tuesday (10)
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Crown of Thorns	
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Custard	A Jesse "Tea" for Advent
Dairy-Free	A Tea in Honor of Our Lady of Guadalupe
Daniel	A Tea in Honor of Our Lady of Altigracia
Dedication of St. John Lateran Basilica	May Crowning
Desserts	
Divine Mercy	
Doctors of the Church	
Dog food	
Dove	SAINTS
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Drinks	Blessed Imelda (1)
Eagle	Blessed John Paul II (5)
Easter	Blessed John XXIII (2)
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Ember Days	Blessed Junipero Serra (3)
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Family Dinners	
Fast and Abstinence	
Fathers of the Church	

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Hawaiian	St. Crispin (5)
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Holidays	St. Dominic (3)
Holland	St. Elizabeth Ann Seton (4)
Holy Family	St. Elizabeth of Hungary (8)
Holy Father	St. Faustina (5)
Holy Ghost	St. Felix of Nola (1)
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Holy Name of Jesus	St. Francis de Sales (2)
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Holy Week	St. George (11)
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Horse	St. Gianna (1)
Hungarian	St. Gregory the Great (4)
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Immacualte Heart	St. Hildegard (1)
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Immaculate Heart	
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Mice	Miracle of the Sun
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Middle Eastern	Monastic
Miracle of the Sun	Mother's Day
Miraculous Medal	Muffins
Monastic	Nameday
Mother's Day	Napkin folding
Muffins	Nativity
Nameday	New Orleans
Napkin folding	New Years
Nativity	News Articles
New Orleans	North American Martyrs
New Years	Nut-free
News Articles	O Antiphons
North American Martyrs	Operation Rice Bowl
Nut-free	Oranges
O Antiphons	Ordinary Time
Operation Rice Bowl	Our Lady of Altagracia
Oranges	Our Lady of Fatima
Ordinary Time	Our Lady of Guadalupe
Our Lady of Altagracia	St. Paul of the Cross (1)
Our Lady of Fatima	St. Peter the Apostle (10)
Our Lady of Guadalupe	St. Philip (1)

Our Lady of La Salette	St. Pio of Pietrelcina (3)
Our Lady of Lourdes	St. Raphael (4)
Our Lady of Mount Carmel	St. Raymond of Penafort (1)
Our Lady of Pontmain	St. Rita (4)
Our Lady of Sorrows	St. Rose of Lima (14)
Our Lady of the Pillar	St. Rose Philippine Duchesne (10)
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Rosary	
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Sacred Heart	
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Saint John Paul II	
Saint John XXIII	
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Confirmation (7)
First Communion (13)

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Snacks
Snake
Solemnity
Soup
Spain
Spanish
Spider
St. Agatha
St. Agnes
St. Aloysius Gonzaga
St. Ambrose
St. Andrew
St. Andrew Kim
Taegon
St. Anne
St. Anthony
St. Anthony the Abott
St. Augustine
St. Augustine of
Hippo
St. Basil
St. Benedict
St. Bernadette
St. Bernard of
Clairvaux
St. Blaise
St. Brendan
St. Bridget of Sweden
St. Brigid
St. Cajetan
St. Casimir
St. Catherine of
Alexandria
St. Catherine of Siena
St. Cecilia
St. Charles Borromeo
St. Charles Lwanga
St. Christopher
St. Clare
St. Clement
St. Cloud
St. Crispin
St. Damien
St. David
St. Dominic
St. Edmund Campion
St. Elizabeth Ann
Seton
St. Elizabeth of
Hungary
St. Elizabeth of
Portugal
St. Faustina
St. Felix of Nola
St. Frances Xavier
Cabrini
St. Francis
St. Francis de Sales
St. Francis of Assisi

St. Francis Xavier
St. Gabriel
St. George
St. Gertrude
St. Gianna
St. Gregory the Great
St. Hedwig
St. Helena
St. Hildegard
St. Hubert
St. Ignatius
St. Ignatius of Antioch
St. Isidore the Farmer
St. Jadwiga
St. James
St. James the Less
St. Januarius
St. Jerome
St. Joan of Arc
St. Joggles
St. John Bosco
St. John Chrysostom
St. John of the Cross
St. John Regis
St. John the Apostle
St. John the Baptist
St. John Vianney
St. Josemaria
St. Joseph
St. Joseph Altar
St. Josephine Bakhita
St. Juan Diego
St. Kateri Tekakwitha
St. Katharine Drexel
St. Lawrence Martyr
St. Leo the Great
St. Lucia
St. Lucy
St. Luke
St. Mamas
St. Margaret of Scotland
St. Maria Goretti
St. Marianne Cope
St. Mark
St. Martin de Porres
St. Martin of Tours
St. Mary Magdalene
St. Matthew
St. Maurice
St. Maximilian Kolbe
St. Michael
St. Monica
St. Ménehould
St. Nicholas
St. Patrick
St. Paul Apostle
St. Paul Chong Hasang

St. Paul Miki
St. Paul of the Cross
St. Peter Claver
St. Peter the Apostle
St. Philip
St. Pio of Pietrelcina
St. Raphael
St. Raymond of
Penafort
St. Rita
St. Rose of Lima
St. Rose Philippine
Duchesne
St. Stephen
St. Swithin
St. Teresa of Avila
St. Teresa of Jesus
St. Therese
St. Thomas
St. Thomas Aquinas
St. Thomas Becket
St. Valentine
St. Valentine's Day
Cards
St. Veronica
St. Vincent de Paul
St. Wenceslaus
St. Wilfrid
Staff
Stained Glass
Star
Stew
Students
Sudan
Summorum
Pontificum
Sun
Sunday
Sunflower
Sword
Syrup
Table setting
Tart
Tea
Thanksgiving
The Baptism of the
Lord
The Cure of Ars
The Holy Name of
Mary
The Year of Faith
The Year of the Priest
Throne
Trifle
Trinity
Trinity Sunday
Triumph of the Cross
Twelve Days of
Christmas
Ukrainian recipes
Umbria
Valentine's Day

Vatican

Veal

Vegetarian

Veggie Platter

Victory Vessels

Viva Cristo Rey

Waffles

Wheat

Wine

Wreaths

written by Amy

written by Anne

written by Barbara

written by Charlotte

written by Eileen

written by Guest
Author

written by HI
Cookery

written by Jamie

written by Jenmack

written by Jennifer

written by Jessica

written by Kelly

written by Lena

written by Mary

written by Mary
Ellen

written by Robina

written by Ruth

written by Sarah

written by Tiffany

GOD BLESS OUR VISITORS

GRACE BEFORE MEALS

Benedic, Dómine, nos et haec tua dona quae de tua largitate sumus sumpturi. Per Christum Dóminum nostrum. Amen.

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. Amen.

GRACE AFTER MEALS

Ágimus tibi gratias, omnipotens Deus, pro universis beneficiis tuis, qui vivis et regnas in saecula saeculorum. Amen.

Deus det nobis suam pacem. Et vitam aeternum. Amen.

Alternate conclusion:

Fidelium animae, per misericordiam Dei, requiescant in pace. Amen.

We give thee thanks, almighty God, for all your benefits, who livest and reignest forever and ever. Amen.

May the Lord grant us His peace. And life everlasting. Amen.

Alternate conclusion:

And may the souls of the faithful departed, through the mercy of God rest in peace. Amen.

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